



The Sunflower Fund

Partnered by DKMS



## SISIZE SIHLENGE IZIMPILO!

Njalo emizuzwaneni engu-27 kuba nomuntu otholwa enesifo esithile segazi njenge-leukaemia, i-aplastic anaemia nesifo sama-cell egazi.

Ngokuvamile, ukufakelwa ama-stem cell egazi abuya kumuntu onegazi elimeshayo Kuba ilona kuphela ithemba abanalo lokululama.

### BHALISA NAMUHLA UKUNIKELA NGE-STEM CELL YEGAZI



Ingabe uphakathi kweminyaka engu-18 no-55 ubudala?



Ingabe isisindo sakho singaphezu ku-50kg kanye ne-BMI <40?



Ingabe uzimisele ukusiza NOMA YISIPHI isiguli?



Ingabe uphila impilo ehlanzekile?



Bhalisa ohlwini lweSunflower lwe-stem cell

0800 12 10 82 | [www.sunflowerfund.org](http://www.sunflowerfund.org)



# MAYELANA NATHI

Lolu hambo saluqala ngo-1999 sigqugquzelwa yimpi eyal-wiwa izinsizwa ezimbili ezinesibindi ezingamaqhawe alwa ne-leukaemia, uDarren Serebro (1997) noChris Corlett (2000). Isibindi nokuzimisela kwalezi nsizwa ukuxoxa nangezikhathi ezazibucayi kakhulu zokuphila kwabo okwakukufushane kwabangela umphakathi ufuno ukusiza, okwaholela ekusungulweni kwenzhlangano ezothungatha abantu abanganikela eNingizimu Afrika.

Umdwebo obizwa ngokuthi 'Sunflower of Hope', owad-wetshwa uChris Corlett owayeneminyaka engu-17 ubudala ngesikhathi elashelwa i-lymphoblastic leukaemia, yiwo owaba nomthelela omkhulu egameni elithi Sunflower Fund.







Namuhla, iSunflower Fund ibambisene neDKMS iyinhlangano engenzi nzuwo ezinikele ekulweni nomdluwa wegazi nezinye izifo zegazi. Sibhalisa abantu abafuna ukunikela ngama-stem cell egazi ukuze iziguli ezidinga ama-stem cell zithole ithuba lesibili lokuphila.

## YIBA NGUMNIKELI





Iminikelo yama-stem cell egazi ilekelela ekwelapheni iziguli ezinomdluwa wegazi noma izifo zegazi ngokufaka ama-cell Iminikelo yama-stem cell egazi ilekelela ekwelapheni iziguli ezinomdluwa wegazi noma izifo zegazi ngokufaka ama-cell aphiliile enza iziguli esikhundleni salawo agulayo.

Ungeza uzozibhalisa wena mathupha noma uze emihlanganweni yethu eminingi yokuthungatha abanikeli ehlelwa yiSunflower Fund ezweni lonke, noma ungabhalisa nge-inthanethi e-sunflowerfund.org.

### UKUBHALISA NGE-INTHANETHI

-  Bhalisa e-sunflowerfund.org
-  Sizokuthumelela i-swab kit
-  Hlikihla ngayo izihlati
-  Sibuyisele yona uyithumele ngabathuthi bethu
-  Izothunyelwa elabhorethri iyohlolelwa i-HLA
-  Ungumsindisi wempilo - Olindle!

### UMHLANGANO WOKUTHUNGATHA

-  Bhalisa mathupha
-  Hlikihla ngayo izihlati
-  Izothunyelwa elabhorethri iyohlolelwa i-HLA
-  Ungumsindisi wempilo - Olindle!

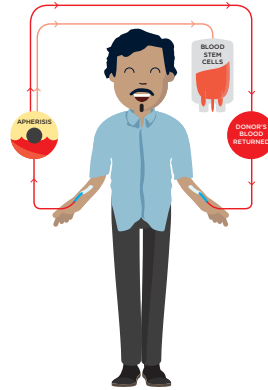
## UKUPHEPHA PHAKATHI KOMNIKELI NEZIGULI KUSEQHULWINI KITHINA.

Ngeshwa asinakukubhalisa uma uphendula ngoyebo emibuzweni elandelayo:

- Wake watholwa une-Hepatitis B, Hepatitis C, noma i-HIV?
- Ingabe usengcupheni yokuthola noma yisiphi isifo ethathelwana ngocansi?
- Ingabe wake wayithatha imithi ejoywawa owawungayinikiwe udokotela?
- Wake waphathwa, waguliswa noma watholwa unanoma yisiphi sezifo ezilandelayo:
  - Isifo samasosha omzimba noma isifo sikashukela
  - Ukulimala ubuhopho noma umgogoda
  - Isifo esingapheli sokuphefumula noma isifo senhlizyo
  - Umdlavuza
  - Ukufakelwa isitho somzimba kanye/noma ukumpontshelwa igazi

## INQUBO YOKUNIKELA

Uma kutholakala ukuthi igazi lakho liyamesha nelesiguli, uzocelwa ukuba unikele ngama-stem cell akho egazi ukuze afakelwe esigulini.



Ukufakelwa kwama-stem cell egazi kuyindlela yokukhipha umkantsha wamathambo (bone marrow) olimele kufakwe ama-stem cell egazi aphiliile.

Kunemijovo ye-G-CSF oyojovwa ngayo ezinsukwini ezingu-4 ngaphambi kokuba unikele. Lokhu kuyokhuphula umkhigizo wama-stem cell nokungena kwawo egazini lakho. I-G-CSF iyihomoni yokukhulisa ngokwemvelo esetsheziyelwa ukwandisa inani lama-stem cell eligijima egazini.

### Ubani okhokhela amathesti?

I-Sunflower Fund yiyo ekhokhela izindleko zokubhalisa futhi iyayamukela iminikelo eyenzelwa lama thesti. Lokhu kulisiza sikwazi ukusebenzisa izimali ekuthungatheni abanye abanikeli.

### Kungani uhlanga lwakho lubalulekile?

Ukumesha kwesiguli nomnikeli kuncike ezinhlotsheni zezicubu zenyama (HLA), hhayi ezinhlotsheni zegazi futhi lezi zici ezizwufuzo zivame kakhulu ohiangani oluthile. Kubalulekile-ke ukuba abantu bazo zonke izinhlanga babhalisele ukuba abanikeli, ukuze zonke iziguli zibe nethuba lokuthola umnikeli ezimeshanayo naye ozohlenga ukuphila kwazo.

### Ujoyinela umuntu othile ngokuthe ngqo?

Kubalulekile ukuba abanikeli ababhalisa ohlwini lweSunflower Fund lwabanikela ngama-stem cell bazi ukuthi kumele batholakalele noma ubani abamesha naye nokuthi abanakubhalisela ukunikela umuntu othile oyedwa. Njengoba ziziningi kangaka iziguli ezikudingayo lokhu, asizinike zonke ithuba lokuthola umuntu ezimeshayo naye ozohlenga ukuphila kwazo.

## EZINYE IZINDLELA ZOKUSIZA



Gqugquzelwa abanye ukuba babhalise



Khuluma nathi ngokunikela okuhleliwe



Yiba yivolontiya



Thumela elithi "sunflower" nge-SMS ku-40555 unikele ngo-R30



Cela inkampani yakho ibambe iqhaza



Yeseka imihlangano yethu yokokolela iminikelo